

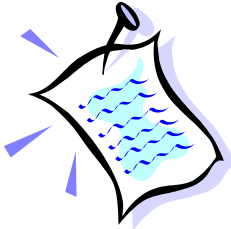


# Cochise County 4-H Connection

## May 2006

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

### MAKE A NOTE!!!



The University of Arizona South in Sierra Vista will be closed on Fridays starting May 19th continuing through August 11<sup>th</sup>.

***Even though the operator says that the University of Arizona South is closed, the Cooperative Extension office will be open so go ahead and dial the extension as you would normally.***

### HORSE SHOWS



We still need clubs to host three Roping & Timed Event Shows. Please contact Susan if you are interested.

### HEART OF 4-H AWARD

Nominate an outstanding volunteer and member monthly by submitting the name of the person and up to 300 words on "why this person deserves to be recognized" by the 20<sup>th</sup> of each month.



### CALENDAR OF EVENTS

<b>May</b>	6	Livestock Judging hosted by UA at the Campus Ag Center
	13	Small Stock Activity Day, Kansas Settlement/Stronghold
	20	Western Horse Show, Manzanita Mustangs
	29	Memorial Day Holiday: Offices Closed
<b>June</b>	2-4	Shooting Education Workshop - Flagstaff
	3	Quality Assurance Workshop, UA South 9-noon
	10	<b>(RESCHEDULED TO AUGUST 19)</b> Western Horse Show, San Pedro Valley & Desert Spirits 4-H - Douglas Fairgrounds
	10	Western Horse Show, Manzanita Mustangs - Hereford
	12-16	JOLT - Heber
	23	Deadline to Obtain Market/Carcass Hogs, Sheep, Goats
	24	Sheep, Swine, Goat Tagging Day - Beck's, 7:00am - Noon
26-30	State FFA Leadership Camp - Prescott	
<b>July</b>	1	Sheep, Swine, Goat Tagging Day - Watkin's, 7:00am - Noon
	4	Independence Day: Offices Closed
	7-8	S.T.A.R. - State Teen Adult Retreat, Tucson
	10-14	NRCWAY Workshop
	22	Quality Assurance Workshop
29	Horse Activity Day, Cochise County Fairgrounds	

THE UNIVERSITY OF  
**ARIZONA**  
COOPERATIVE EXTENSION

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## HEART OF 4-H VOLUNTEER

KRISTINA DUKE  
NEW HORIZONS 4-H



Congratulations to Mrs. Kristina Duke of New Horizons 4-H Club - our May Heart of 4-H Volunteer. Mrs. Duke is the horse leader, dog leader, and the assistant goat leader. Some comments from the kids and parents in her groups are, "I thought I new a lot about dogs and horses, but she showed me how much more I could learn." "She is a good teacher and she is kind and patient." "She is not afraid to praise and she corrects without belittling." "Mrs Duke is a leader who has great enthusiasm for 4-H and the projects she leads. She is a dedicated leader who sticks with the project." "Mrs. and Mr. Duke have demonstrated immeasurable patience. She has demonstrated a willingness to share her knowledge and learn along with the children." These are just a few of the reasons we feel Mrs. Kristina Duke is deserving of the Heart of 4-H Award.

## UA LIVESTOCK JUDGING MAY 6, TUCSON

The University of Arizona Livestock Judging Team and Animal Science Department will host the 2<sup>nd</sup> Annual University of Arizona Livestock Judging Contest (UALJC) on Saturday, May 6, 2006. Activities will be held at the Campus Agriculture Center located at 4101 N. Campbell Ave. Registration will take place from 7:30 to 8:15am, with instructions and group assignments beginning directly following registration. The contest, starting **promptly** at 8:30am, will consist of eight classes of livestock, both breeding and market, and three sets of reasons.

Entries will not be limited per club or chapter, however a registration fee of \$40 per team and \$15 per individual will be assessed. Pre-registration is required by Monday, May 1, 2006. Entries have been sent to Livestock Judging leaders and they can be duplicated. Individual names may be changed the day of the contest and it will be possible to register on site, that day, with the assessment of a \$10 fee. If you have additional questions, contact Casey McMurphy at [mcmurphy@email.arizona.edu](mailto:mcmurphy@email.arizona.edu) (520)906-8509 or his office (520)621-5810.

## KANSAS SETTLEMENT/STRONGHOLD SMALL STOCK ACTIVITY DAY MAY 13 SUNSIDES COMMUNITY CENTER

Kansas Settlement and Stronghold will be co-hosting the Small Stock Activity Day at the Sunsites Community Center. Registration starts at 8:30am. BBQ sandwiches, beans, chips, sodas, water and some snacks will be available. There will be a best dressed animal contest, a breed contest - identify and answer questionnaire, a raffle table - bring something from your club to raffle (see who wins - FUN), and prizes/ribbons given out. For more information contact Connie Forsyth at (520)826-5060 or Tamera Hunt at (520)384-2811 (day) or (520)384-3490 (night). Come and enjoy yourself! There will be:

- ☺ Written tests
- ☺ Showmanship
- ☺ Demonstrations
- ☺ Animals for sale
- ☺ Rabbit tattoos available
- ☺ Small stock dress up



**Directions to Sunsites Community Center:** On Highway 191 at mile marker 48, turn West onto Treasure Rd. The community center is on the left. There is a sign in front of the building.

## MANZANITA MUSTANGS WESTERN HORSE SHOW MAY 20, HEREFORD



Manzanita Mustangs will be hosting this event at the Equine Inn. Sign up will be at 8:30am and the show will start at 9:00am. There will be a full concession. There will be trailer parking at the upper level by the main house. Any questions contact Mary Ann

Zaida at (520)249-8052. Make checks payable to Manzanita Mustangs.

Send entries to:  
Mary Ann Zaida  
5706 S Kino Rd  
Hereford, AZ 85615

**Entries Deadline May 13.**

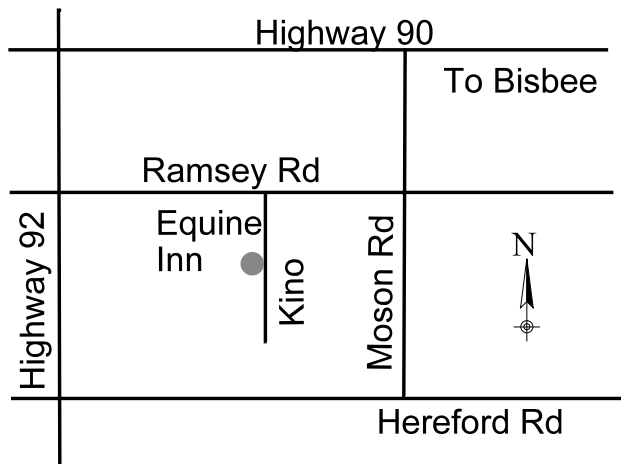
**MANZANITA MUSTANGS  
WESTERN HORSE SHOW  
JUNE 10  
HEREFORD**



Manzanita Mustangs will be hosting this event at the Equine Inn. Sign up will be at 8:30am and the show will start at 9:00am. There will be a full concession. There will be trailer parking at the upper level by the main house. Any questions contact Mary Ann Zaida at (520)249-8052. Make checks payable to Manzanita Mustangs.

Send entries to:  
Mary Ann Zaida  
5706 S Kino Rd  
Hereford, AZ 85615

**Entries Deadline June 3.**



**NATURAL RESOURCE  
CONSERVATION WORKSHOP  
July 10-14**

An exciting opportunity for youth 12-16 years of age! A chance to explore the great outdoors and experience the thrill of a unique adventure. The Workshop is an interactive camp bringing together the latest in science and natural resource technology. Youth ages 12-16 as of 1/1/06 are eligible to apply. Workshop is limited to 35 participants. **The deadline for applications is May 25.** Further information is available online at <http://azrangelands.org> or you can contact Susan in the Willcox office. Financial assistance is available.

**SHOOTING EDUCATION CERTIFICATION  
WORKSHOP  
JUNE 2-4  
ST. JOSEPH'S YOUTH CAMP  
FLAGSTAFF**

Arizona 4-H policy requires that, prior to being recognized as 4-H Shooting Education Instructors, volunteers must complete a Shooting Education Instructors Certification Workshop. This workshop is conducted once a year by volunteer instructors who have received special instructors training endorsed by the National 4-H Shooting Education Committee. More information can be found at <http://cals.arizona.edu/4-h/events.html>.

**NATIONAL 4-H CONGRESS TRIP  
OPPORTUNITY**

Each county has the opportunity to send at least one youth to National 4-H Congress to be held in Atlanta this November. Youth must be in their sophomore year of high school (or higher) or be 15-18 years old by January 1, 2006. Applications will be due by June 1, 2006. If you are interested in applying please contact Susan or Darcy for an application packet.



**June 12-16, 2006 in Heber**

JOLT is for ALL Teens from various organizations and backgrounds, ages 14 to 18, or entering High School.

**JOLT Fees:** Registration ends June 1<sup>st</sup> or at 138 participants (filled on a first come basis).

**Regular registration:** received by May 15<sup>th</sup> - \$180.00  
Send registrations to Darcy in the Sierra Vista office. Contact either office for a registration packet OR go on line. (Registrations received after May 15 will not have your name on the t-shirt).

REGISTRATION FORMS AVAILABLE ON-LINE at:  
[www.cals.arizona.edu/4-h/jolt/index.html](http://www.cals.arizona.edu/4-h/jolt/index.html)

**S.T.A.R. (STATE TEEN ADULT RETREAT)  
"FIND YOUR DIRECTION,  
COME TO STAR..."  
JULY 7-9  
UA TUCSON**

STAR has a planning committee that has planned the event, at the University of Arizona, to start at 4:00pm on Friday, July 7<sup>th</sup> and concludes on Sunday, July 9<sup>th</sup> at 3:00pm.



The primary focus of STAR will be to provide transactional leadership experiences (or how to lead experiences). The focus of this year's STAR will be on club leadership and will include; how to build a stronger 4-H club, how to be an officer in your club or how to take on leadership roles. Topics may also include how to build consensus (or decision-making skills), how to run a committee, how to do club fundraising, etc. In a train the trainer style, teams of two youth and two adults will learn and apply these skills in their counties. In addition, social as well as service opportunities will be included in STAR.

County teams **MUST** be either 2 youth/2 adults OR 3 youth/1 adult. Each participant will pay a \$25.00 (non-refundable) registration fee. Registration is due to Darcy no later than June 1st. The Arizona 4-H Foundation and Cochise County 4-H Council will be providing stipends to cover the additional registration fee of \$160 depending on the number of participants attending. If you are interested in attending please contact Darcy or Susan.

Contact either office for registration forms or download them at  
<http://cals.arizona.edu/4-h/events.html>

**CLUB CHARTERS  
The Key to Official Recognition**

4-H Charters provided by the United States Department of Agriculture (USDA) are the only documents that officially recognize a 4-H Club or Affiliated 4-H Organization. A Charter is required for any 4-H entity for it to use the 4-H Name and Emblem and to be included under the Tax-Exemption Group Ruling for 4-H.

Many clubs statewide and nationwide have never been issued a 4-H Charter. All clubs are now required to have a Charter. In order to receive a Charter, each 4-H group must apply using the official Arizona 4-H Charter application packet. Packets will be sent out by May 1<sup>st</sup> and will need to be completed and returned by July 15<sup>th</sup>.

All clubs will be required to renew their Charter every three years. Clubs falling below Charter requirements will be placed on probation and will have one full year to fulfill the Charter requirements in order to return to full chartered status. We do not think this will be necessary for our Cochise County Clubs.

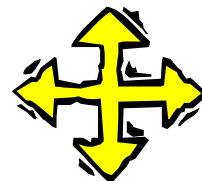
The following requirements must be met in order for a 4-H club to qualify for an Official 4-H Charter.

- Minimum of five active participants.
- An identified leadership structure.
- At least one certified volunteer.
- Regularly scheduled meetings and all events/meetings must be on file with the Extension office.
- A written educational program that includes the four 4-H Essential Elements (Mastery, Independence, Generosity, & Belonging) and provides a variety of learning experiences.  

When the club members develop the program, take some time to determine which of the essential elements have a strong presence in your club, which need to be enhanced, and which may be totally missing. Reflect on how your club could build a stronger program.
- A set of by-laws.
- Provide the Federal EIN tax number (if group raises money or has a checking/savings account).
- Submit a completed Annual Financial Statement (this should have already been submitted).

If any club would like some help in completing the Charter application please contact Darcy or Susan. We will be readily available to help however you need to make sure applications are complete.

**TRUSTWORTHINESS, RESPECT, RESPONSIBILITY,  
FAIRNESS, CARING, CITIZENSHIP**



CHARACTER COMPASS

**Character Corner**

This month's newsletter comes from Michael Josephson.

**Strategies for Teenhood**

One of the toughest jobs in the world is being a teenager. Everything is in transition. Everything is intense -- even apathy.

Kids on the brink of adulthood have to cope with inconsistencies and conflicts. A desire to be special and different clashes with the need to belong and fit in. The desire for independence collides with an aversion to self-reliance and personal responsibility.

I want to suggest five strategies that can make the journey through adolescence less painful and more enjoyable

1. Don't run from responsibility; run toward it. The sooner you become visibly responsible, the sooner you will be authentically independent and free to do what you want and be what you want.
2. Be yourself. You don't need orange hair, a nose ring or tattoos to be special. Dressing or behaving in extreme ways to stand out or blend in can seem like a desperate demand for attention. Discover your talents and build your character, and you will be not only noticed but respected.
3. Resist the seduction of selfishness and short-sightedness. People who think only of their wants and needs sentence themselves to a dark and lonely dungeon. Don't confuse pleasure with happiness. Just because it feels good doesn't make it good. Don't trade all your tomorrows for today.
4. Don't expect too much or settle for too little. No one can make you happy, but you can be happy. Hang out with people who bring out the best in you, and be the kind of person who brings out the best in others.
5. Control your attitudes and you will control your life. You can't always control what happens to you but you can always control what happens in you. Remember, pain is inevitable but suffering is a choice. So is happiness.

**QUALITY ASSURANCE WORKSHOP**

All youth, 4-H and FFA planning to exhibit in beef, sheep, swine, dairy, dairy goats, meat goats and pygmy goats at the county or state fair and leaders of these project areas must have a current quality assurance certification. Certification is good for three years. Check out the youth livestock quality assurance website: <http://ag.arizona.edu/extension/quality> to see when your certification expires.

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**Quality Assurance Workshop Registration Form**

Name(s): \_\_\_\_\_

Phone Number: \_\_\_\_\_ Club: \_\_\_\_\_

I(we) will be attending the QA workshop on June 3<sup>rd</sup> at the UA South. I am enclosing \$10 (per person) made payable to UA. Send payment to: Cochise County 4-H, Attn: QA Workshop, 450 S. Haskell, Willcox AZ 85643.

## DEADLINES

<b>May</b>	13	Entries Due to Manzanita Mustangs 4-H for Western Horse Show	<b>Jun</b>	1	Applications Due for National 4-H Congress Trip
	12	Shooting Education Workshop Deadline		3	Entries Due to Manzanita Mustangs 4-H for Western Horse Show
	15	JOLT Registration Deadline		15	Registration for STAR due to the State office
	25	NRCWAY Registration Deadline			

### Some Helpful Websites:

AZ 4-H Website: <http://ag.arizona.edu/4-h/>

Cochise County 4-H Website: <http://ag.arizona.edu/cochise/4-h/>

Quality Assurance Website: <http://ag.arizona.edu/extension/quality/>



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