

COOPERATIVE EXTENSION

University of Arizona-College of Agriculture and Life Sciences, Tucson, Arizona 85721

CLOVER COMMUNICATOR **YAVAPAI COUNTY 4-H NEWS** **Vol X. No. 3 - APRIL 2004**



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Dear Members and Parents,

As we continue to prepare for the Yavapai County 4-H/FFA Expo and the Verde Valley Fair, I wanted to let you know that the week of April 18-24 is National Volunteer Appreciation Week. How appropriate that the busiest time of our 4-H year should coincide with this special time of recognition for the people that are so vital to the success of the 4-H program. Please make sure that you take the time to tell them how much you appreciate all of their time and hard work.

While I do not have statistics for Yavapai County, I am sure that the following is true of the 77 volunteer leaders in Yavapai County, if not more so. The average 4-H volunteer donated 220 hours per year in preparing for club meetings and teaching. Each volunteer drives an average of 300 to 400 miles for 4-H in personally owned vehicles. Annually, each volunteer spends \$40 to \$60 of his/her own money on teaching and project related materials. The estimated value of volunteer time and out of pocket expenses is about \$1.1 billion per year.

Adult volunteers are essential to 4-H, not only because they are necessary to the delivery of our programs, but equally important, they serve as positive role models. Children need opportunities that promote interpersonal skills and practice in social problem solving. It is becoming more and more vital that youth develop the kinds of skills necessary to develop these abilities.

On behalf of the Yavapai County Cooperative Extension staff I would like to thank you for all that you do to help make 4-H Youth Development in Yavapai County a success.

Gratefully,

Pamela L. Denney

Instructional Specialist, 4-H

VOLUNTEERS

**valuable in more ways than words
can say,
optimistic
and helpful every day,
ending support with a heart
warming smile,
unselfishly going
the extra mile,
notable for all
the work you do,
trusted because
we can count on you,
effective in all
you undertake,
esteemed for the difference
that you make,
eager to serve in
so many ways,
special and
deserving of our praise!**

COMMUNICATE! COMMUNICATE!

With Expo upon us, parent support and involvement is necessity. 4-H Leaders must **Think Ahead**; plan for your club needs at Expo, and ask family members to become involved. Be specific with details. What are you asking them to do, when and where? Most people are willing to help if they are only asked. As Expo approaches, let's remember to communicate.

LEADERS, communicate with members—be sure they have project and Expo information.

PARENTS, communicate with leaders—be sure your child is ready for county activities and fair competition.

LEADERS, communicate with parents—let them know how much the 4-H members need their support.

PARENTS, communicate with your children, make sure they complete their projects.

EVERYONE, communicate with your County 4-H Extension Office if there is something you don't understand.

4-H EXTENSION OFFICE, communicate with those who need the information. It takes all of us to make 4-H happen and remember, **communication is a two way street.**



Note: Swine Projects will be showing on Thursday and Cattle Projects will be showing on Friday, which is a change from past years

What the Colors Mean

In most 4-H contests everyone gets a ribbon; white, red or blue. The 4-H'ers are evaluated against certain standards, not against one another. We've had contests where all the kids got blue ribbons and some where all got whites.

A **WHITE** ribbon does not mean a "poor job". White means okay, good, average, but much improvement needed to meet top standards.

A **RED** ribbon does not mean a "mediocre job". Red means very good, but still one or two major improvements needed to meet top standards.

A **BLUE** ribbon does mean excellent, meets or nearly meets top standards.

Each ribbon should mean that's the best that 4-H'er could do, in that particular activity, at that particular time. The key is to learn from the experience, feel good about one's self, and move on and do better next time.

4-H Competition Sportsmanship Motto

"Keep your head when you win/and your heart when you lose."

Sometimes leaders and members dislike the way a committee handles a judging event or disagree with a judge's decision. It is important to try to be fair and reasonable. See if you can state reasons why you disagree. Keep in mind judging is not like scientific testing:

- Even experts sometimes disagree
- Standards change as research helps us get improved practices and products

4-H Club Members should:

- Play fair
- Respect others' rights to their opinions
- Keep an open mind
- Be willing to try again

We have high standards for our products. As we judge, and in our other 4-H activities, we need to work for high standards in how we get along with others!

***"Journey of Opportunities for
Leaders of Tomorrow" (JOLT)***

June 14-18, 2004

Camp Shadow Pines, Heber AZ

JOLT is an Arizona Teen Leadership Camp, a camp designed by teens for teens. At JOLT there is a positive environment that promotes personal development, team building and self-confidence. JOLT participants enjoy activities that build trust, leadership and communication skills. The dynamic staff and inspirational workshop speakers that JOLters experience help make the week memorable. Conflict resolution skills and relationship building skills create the existence of the "JOLT Team" which instigates life-long friendships that are uncommon at other camps.

Applications are available at www.cals.arizona.edu/4-H/teen.htm or both Cooperative Extension Offices. **Early bird registration before April 15 is \$125.00. Regular registration by May 15 is \$155.00. Registration is to be turned into either county office.**

National 4-H Congress

**November 26 - November 30, 2004
Atlanta Georgia**

Gather with top 4-H members from around the country in Atlanta Georgia for National 4-H Congress. Tour the area, meet with national 4-H sponsors and in general have a great time. Fifteen youth from Arizona are selected to attend with seven receiving sponsorships from the Arizona 4-H Youth Foundation. Applicants must submit an application and portfolio/record book. Arizona delegates will be announced at Arizona Teen Congress. NOTE: The National 4-H Congress Portfolios are due to the State 4-H Office by or before June 15, 2004.

Applications are available on line at www.cals.arizona.edu/4-H/teen.htm or at both Yavapai County Cooperative Extension Offices.

Arizona 4-H Teen Congress

July 13 - 16, 2004

University of Arizona, Tucson Arizona

You won't want to miss this year's annual event which will be held this summer on the University of Arizona campus. Come one, come all...experience the excitement! "Swing Into 4-H" will give you the opportunity to meet people and experience different cultures, make new friends, share a university dorm room, and gain perspective on campus life. Workshops, inspirational speakers, lively discussions, and hands-on activities will be the highlights of your Teen Congress experiences! Participants will enjoy the evening dances, ice cream socials, and a fun night out.

Applications are available at www.cals.arizona.edu/4-H/teen.htm or both Cooperative Extension Offices. **Early bird registration before May 14 is \$150.00. Regular registration by June 4 is \$165.00.**

Arizona 4-H Teen Road Trip

What's a Road Trip? Don't you watch MTV? You don't? Well, a Road Trip is where the VJ's and others hop in a car or van and head off somewhere-anywhere. As they go along, they do fun and wacky things and they do good things too, like Community Service Projects for places that need help. And they rarely know where they are going. The 4th Annual Arizona 4-H Teen Road Trip is something like the MTV trip. We're going to have fun, learn lots and perform a community service and we may not even know where we are going sometimes!

In 2001 we were off to the northeast corner of Arizona to explore ancient cultures. In 2002 we headed to the southeast corner of Arizona to explore the Wild West. In 2003 it was off to Arizona's northwest, in 2004 it will be the canyon country's of Arizona and Utah. With the canyon's of Brice, Zion, Glen and Grand being the focus. Lots to see and do with the Natural Wonders of Arizona and Utah.

(Road Trip cont. on pg. 5)

Road Trip cont. from pg. 4

The Arizona 4-H Teen Road Trip is different from other Arizona 4-H Teen events in that it requires individual counties to sign up. A county that wants to participate is allowed one van with 6-8 participants (youth ages 14-19 and chaperones).

The key for you to participate is to get your county motivated to participate. Talk to your County Extension personnel. Your 4-H office will have application forms and additional details. For more information, check out our website at: <http://ag.arizona.edu/4-h/roadtrip/>

HOST FAMILIES NEEDED

Have you ever wanted to travel to a foreign country? The next best thing is to host an exchange 4-H'er from another country. 4-H has a wonderful exchange program where members from UTREK (the Japanese equivalent to 4-H) come to Arizona each summer.

You have the opportunity to share your culture with them and they in turn will share their culture with you.

EXCHANGE STAY DATES: JULY 25—AUGUST 21, 2004

Qualifications: Families with a youth between the age of 12 and 19. Applications will ask for a family snapshot and two letters of recommendation.

Host families are asked to include their exchange member as "one of the family" in 4-H, other activities and all family activities.

The Japanese culture is quite different from ours. It is a wonderful experience to share and bring our world closer together.

If you are interested please call the office at (928)445-6590 ext. 253.

It's an experience you will remember!!

Horse Committee Corner

Horse Committee Meetings Scheduled-

The Horse Committee meets the 2nd Wednesday of each month starting at 6:00 p.m.

May 12, 2004-Prescott Frontier Days Rodeo Grounds-Mackin Bldg

For additional information or to confirm meeting times and dates contact Karen Reimann, Committee Chair at 928-636-3953.

Member Representatives-Each club is encouraged to send a member representative to attend the horse committee meeting in addition to the leader. The same member does not have to attend each month. They will have full voting rights.

April 17 & 18 @ Poland Junction Arena

Entries due April 2

May 8 & 9 @ Fann M Arena, Chino Valley

Entries due April 23

Mail Entries to:

Bonnie North
PO Box 11587
Prescott, AZ 86304

Entries are available from your project leader or at either Cooperative Extension Office.



Reminders for Exhibitors:

- Livestock areas must be kept clean
- You must be neatly dressed and/or in proper uniform while exhibiting small or large livestock in the show ring.
- You may only use appliances that are properly grounded and meet UL specifications.
- Review Premium Book for more details.

**Granite Creek
May Day Cleanup
Call for Volunteers
May 1, 2004
8:00 a.m.-Noon**

The annual Granite Creek Cleanup promoted by Keep Prescott Beautiful is scheduled for Saturday, May 1, 2004. Local organizations and individuals are being invited to participate in the removal of litter from Granite Creek and its tributaries. A picnic lunch and event tee shirt will be given to those who volunteer.

In the past, as many as 500 volunteers have collected several tons of debris from illegal dumping and thoughtless littering into Prescott's natural waterways. **If your club would be interested in this community service opportunity, please contact Bob Johanssen @ (928)776-4452.**

They will need to know whether your club will be able to participate by April 19th in order to put the logistics together. Long sleeved shirts, long pants, work gloves and water proof hard soled boots or shoes are recommended for the safety of the participants.

**Progressive Farmer
Farm Safety Day Camp
Saturday, May 15, 2004
9:30 a.m. to 2:30 p.m.
Young's Farm
Dewey, Arizona**

The Progressive Farmer Farm Safety Day Camp is for students ages 8-14. This fun filled day will include demonstrations and discussions of several safety topics. Lunch will be provided.

Registration forms are available in both Extension Offices. A registration donation of \$3 per child includes lunch, snacks

speakers, t-shirts and freebies. The payment must accompany the registration.

Registration forms must be submitted by April 30, 2004.

After registration, campers will be divided into groups and rotate through safety sessions. There will be breaks, lunch and prizes.

For more information call (928)776-2365.



**Northern Arizona
Rabbit Breeders
Association to
Sponsor Rabbit Show
in Prescott**

The Northern Arizona Rabbit Breeders Assoc. (NARBA), will be sponsoring a double all-breed rabbit show in partnership with the Phoenix Area Rabbit Breeders, at **Ken Lindley Park** on Saturday, May 22, beginning at 8:00 am.

Two specialty shows for Holland Lops and Mini Rex will also be hosted by the **State of Arizona Holland Lop** and the **Arizona State Mini Rex** clubs, respectively. Entry fees for all shows will be \$3.00 per rabbit per show.

These are American Rabbit Breeders Association sanctioned shows, however, all 4-H members are invited to participate whether or not they are ARBA members.

Community Service Opportunity!

Clerks are needed at the judging tables to mark comment cards as classes are being judged. This is an excellent opportunity for community service in your project area, while at the same time gaining knowledge and experience of ARBA judging procedures.

(Parents and leaders are welcome too!)

For further information, contact Charlcie Gill @ 928-273-0281 (charlcie@localnet.com)

Or Rachel Roehe @ 928-583-0525

(backyardbunnybarn@commcast.net).

**ARIZONA 4-H SHOOTING
EDUCATION
VOLUNTEER CERTIFICATION
TRAINING
JUNE 4-6, 2004
ST. JOSEPH'S YOUTH CAMP,
MORMON LAKE, ARIZONA**

**SHOOTING EDUCATION
CERTIFICATION**

Arizona 4-H policy requires that adult volunteers who wish to serve as 4-H shooting education project leaders must first complete a certification workshop. These workshops are offered, periodically, by the State 4-H Youth Development Office. The workshops are generally conducted over a weekend, beginning on a Friday afternoon and ending on a Sunday afternoon. The training is conducted by an appointed team of volunteer instructors who have received special training through national, regional or state 4-H programs and by various 4-H faculty and others as necessary. The workshop consists of training in one of seven shooting disciplines, the basic philosophy of 4-H and 4-H Shooting Education, techniques for teaching young people, resource development, responsibility and liability and other topics specifically related to 4-H shooting education.

Participants may receive training in only one of the seven disciplines at each workshop. These disciplines are: rifle, pistol, shotgun, muzzleloading, reloading, archery and hunting. Previous experience in a shooting discipline is NOT required. Workshop participants with shooting experience are encouraged to select the discipline in which they have the least experience - this will broaden their knowledge base.

Youth 14 years old or older may attend the training and become certified to assist qualified adults in the 4-H Shooting Education project.

COST

With financial support from the Arizona 4-H Youth Foundation and other donors, the reg-

istration fee for Shooting Education Certification is \$85 per participant. This fee includes lodging, meals and all course materials, supplies and equipment.

APPLICATION PROCEDURE

Applications must be completed and mailed, with full payment, to the State 4-H Youth Development Office in Tucson. Workshop facilities are limited and applications will be accepted on a "first come" basis. Please send your completed application and payment as soon as possible.

CANCELLATIONS

Registration fees, minus a \$10.00 processing fee, will be refunded to the applicant if a cancellation notice is received before May 21, 2004. Fees cannot be refunded for cancellations after that date.

MISCELLANEOUS INFORMATION

Details of the workshop and a map to the location will be mailed upon acceptance of applications. The training will begin at 1:00 p.m. on Friday and conclude at approximately 3:00 p.m. on Sunday.

Meals will be provided and lodging will be dormitory style with two to four bunks per room. Primitive camping (tents or pick-ups, with no services) will be available with advance notice. Participants will provide their own bedrolls and personal items. All course materials, equipment and supplies will be provided.

For further information contact your County 4-H Youth Development Agent or the Workshop Coordinator, Don Burtchin at (520) 742-3865.

PLEASE MAIL APPLICATIONS AND PAYMENT AS SOON AS POSSIBLE.

I HOPE YOU CAN JOIN US FOR AN EDUCATIONAL AND ENJOYABLE WEEKEND AND BECOME PART OF A TEAM OF VOLUNTEERS WHO ARE TEACHING YOUTH THE SKILLS AND KNOWLEDGE FOR SAFE, RESPONSIBLE SHOOTING AND OUTDOOR RECREATION.

It's Almost Expo Time!

We are looking forward to seeing you at your very best! If you do your best, the color of your ribbons are not important. Following is a little story that can help us set priorities at Expo.

The Girl Who Won Before Me

"Ah," I think to myself. "My project looks better than hers. Can you believe it? Someone would actually make a plant hanger that looks like that. The knots aren't straight, some of them aren't even tied right. Her strings at the bottom aren't even close to being straight. What a fool! Why would anyone bring that to the fair? Now mine. I'm what you call a perfectionist. I don't do or bring anything unless it's perfect. I sure don't want people laughing at or talking about me unless it's good. We're getting closer to the judge. It's her turn now. I can just see that line she's going to give the judge about the rotten job she did."

Here goes—yes, she made it herself—(the judge must be blind if she couldn't tell that,) picked nice colors, (yes, I guess they're okay if you like pink.)

"Alright, now we get to the constructive criticism. (love those words.) She could have tied the knots tighter, the judge is showing her how to cut her strings straight. Now she's giving her a little more mumble jumble."

"The time has come—the ribbon please. It's a white."

"But wait, she's excited. Maybe I should tell her that a white means third place, and everyone gets a ribbon. She's even showing it to her mom and dad. Ah, here comes her project leader to congratulate her. On third place? Really, come on now."

The judge is talking to me. "Oh, yes, I made it myself, and I picked out the perfect matching shades of green. I even made the ceramic pot myself." (A little bragging never hurt.)

"I got a blue. Always do. Mom and dad aren't here. My project leader is working today. Maybe I can show it to the girl in front of me. No, I guess not. She's too happy with the one she got."

"I wonder, maybe it's not the color of the ribbon after all."

See you at Expo!

Pamela L. Denney
Instructional Specialist, 4-H

The Difference Between Winners and Losers

Everyone is a winner sometimes and a loser sometimes. The important thing is to seek to be a winner. Advice is easy to give and difficult to follow. We all know that! Even so, from that famous writer, author unknown, we share these thoughts about the differences between winners and losers.

- A winner says, "let's find out." A loser says "nobody knows."
- When a winner makes a mistake, he says, "I was wrong." When a loser makes a mistake, he says, "It wasn't my fault."
- A winner makes commitments. A loser makes promises.
- A winner goes through a problem. A loser goes around it, and never gets past it.
- A winner explains. A loser explains away.
- A winner feels responsible for more than his job. A loser says, "I only work here."
- A winner says, "there ought to be a better way to do it." A loser says, "that's the way it's always been done here."

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