

COOPERATIVE EXTENSION

CLOVER COMMUNICATOR ***YAVAPAI COUNTY 4-H NEWS*** ***Vol XI. No. 1 –February 2005***



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Showing Your Character At 4-H Events

What **Character** is showing when you attend 4-H Events and/or Activities?

Trustworthiness-

As a 4-H member, leader and/or parent are you prepared to take the lead in what you do?

If you said you would do something, like contact and make arrangements for a guest speaker, or help with an event, did you do it? As a representative of 4-H, you agreed to come to a meeting or activity and to be there on time. Are you present and early?

Respect-

Do you listen to others, such as the club president, or 4-H leader, when they are speaking?

Are you listening to others when they are asked their opinion? Do you hold side conversation while others are speaking? Remember it's disrespectful to be talking when others are talking. Take turns so everyone can participate and be heard.

Responsibility-

What is your responsibility to the event and/or activity? As a member it's to be on time, listen to others, share your opinions when asked, i.e., to participate to the best of your abilities. If you are thinking about tomorrow then you are not behaving responsibly.

Fairness-

As the leader of the event or activity, it is your job to make sure that everyone who wants to be heard can be heard and heard and heard again. Even if no one likes their ideas. Limiting discussion to only those who agree is not fair. Is it fair for parents to dominate the discussion before the members vote on an item?

Citizenship-

Means that you will participate and follow the rules of the event and/or activity.

Caring-

Means that you will help others by sharing from your experience so that they can do well.

What kind of character are you showing in your life?



**Yavapai County 4-H/FFA EXPO Committee
is Proud to Announce
The Yavapai County 4-H/FFA EXPO
Educational Scholarship**



This scholarship is devoted to those who qualify that show exemplary leadership skills; both within and beyond their respective Club/Chapter. Applicants must have been or are currently exhibitors at the Yavapai County 4-H/FFA Expo and have taken their acquired skills to another level.

The deadline for turning in applications is **April 1, 2005**. The winner or winners will be announced prior to the Auction on Saturday, April 23, 2005.

For further information and applications visit the Expo website @ www.4hffaexpo.org. Information and applications may also be obtained from either Extension Office. For questions contact Pam at (928)445-6590 ext. 226 or pdenney@ag.arizona.edu.

**Countdown to EXPO 2005
Upcoming Deadlines & Dates**

February 18, 2005

**Breeding & Small Stock Ownership
Deadline (no forms required to be
submitted at this time)**

March 12, 2005

**Small Stock, Horse, Dog, Large Livestock
Breeding Projects & Indoor Exhibits**

Complete entry packet consisting of the items below must be received by this date .

1. *Code of Conduct Form*, signed
2. *Entry Form* (one form for each project),
3. *Entry Fee* payable to Yavapai County 4H/FFA Expo for each entry
4. *Copies of Lease Agreements* must be sent for each leased breeding animal.

Entry forms received after March 12, 2005 and up to March 19, 2005 will be assessed a \$10.00 late fee.

The Premium Book and Entry Forms are available online @ www.4hffaexpo.org.

Add-On Donors Needed!

Let your friends and business associates know that a great way to support our 4-H and FFA youth is to become an Add-On Donor and they can register on-line!

An Add-on Donation is a cost-effective way to support one or more deserving young people participating in the EXPO Sale Saturday, April 23rd.

**Show Last Year's Buyers You
Care & Appreciate Their Support**

Though our Buyers all get a Thank You Letter shortly following the close of EXPO, why not let them know that as time goes by they are never forgotten? Send your EXPO Auction Supporter a card and include a note that reinstates your appreciation and an invitation to attend this year's shows and sale.

Let them know also, that if they would like to update any of their information, they can do so online on our 'Buyer Sign-Up' page. Remind them that if they have friends or business associates who would like to register as buyers for this year's EXPO, signing up online will save them time the morning of the auction.

Yavapai County 4-H Horse Committee Horse Shows for 2005

March 19-20 Bar Cross in Cornville
April 16-17 Cherry Creek in Dewey
April 30-May 1 Fann M in Chino Valley

Entry forms will be mailed out by the Horse Committee to all Horse Project Leaders to distribute to all eligible members.

In order to show at any of these shows you must have:

1. Attended one of the two Equine Challenge Days,
2. The horse to be ridden must have been the exhibitor's project horse for at least 60 days prior to the show and an ID must be on file with the Horse Committee/Show Event Secretary.
3. Be a member in good standing in Yavapai County.
4. Passed level 1 Proficiency (written, skill stations, and riding)
5. Submit your rough draft of record book to show secretary at first show

In an ongoing effort to improve the success and qualities of our shows all parents/legal guardians of members participating in the shows are being asked to volunteer their time the day of the show or shows. A letter explaining in more detail what is needed will be included with the registration materials.

Helping others



People who offer love, listening, and help to others may be rewarded with better mental health themselves.

In other words, by helping others, you can help yourself say researchers.

Source: Psychosomatic Medicine, Vol. 65, Pg. 778

Horse Committee Corner

Horse Committee Meetings Scheduled-
The Horse Committee meets the 2nd Wednesday of each month starting at 6:30 p.m.

March 9, 2005-Camp Verde, AZ
Camp Verde Recreation Center
April 13, 2005-Prescott, AZ Mackin Bldg. Prescott Frontier Day's Rodeo Grounds

Member Representatives-Each club is encouraged to send a member representative to attend the horse committee meeting in addition to the leader. The same member does not have to attend each month. They will have full voting rights.

2005 ANLS 4-H/FFA Horse Show Results

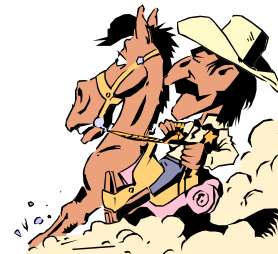
The Yavapai County 4-H Horse Project was well represented by Matthew Cometh, Christine Dunn and Jadee Garner at the 2005 ANLS 4-H/FFA Horse Show held last month at West World in Scottsdale.

Christine Dunn of the Camp Verde Cowboys, received Junior High Point Overall in the Gymkhana, as well as winning 2nd place in junior poles and 1st place in barrels.

Jadee Garner of the Cornville Conquistadors placed 1st in poles and 10th in barrels in the Senior Division of the Gymkhana.

Matthew Cometh of the Prescott Rough Riders placed 6th in heading, 3rd in heeling and 4th in breakaway for Senior Roping.

Congratulations to all three.



**Small Stock Proficiency Day
Saturday, February 26, 2005.
Zeke Taylor Barn
Verde Valley Fairgrounds**

Registration begins at 8:30 a.m. Workshop will start promptly at 9:00 a.m. The following topics will be covered:

- * Breed identification
- * Ear tagging (rabbits)
- * Showmanship Clinic
- * Complete a Judging Requirement
- * Terminology Information
will be provided.

This event is sponsored by the Cottonwood Clovers Small Stock club. For additional information call Sandy @ 928-639-1008 or 928-300-0343.

This will be the only Small Stock Proficiency Day offered in Yavapai County this year. Please take advantage of this opportunity.

**2005 Colorado River
Small Stock Show Results**

The 2005 Colorado River Small Stock Show was held in Parker on January 15-16. Yavapai County was well represented by Katie Radosevic, Dillon Fielitz and Sarah Walker.

Katie Radosevic of the Cornville Conquistadors won first place honors in the Pigeon, Waterfowl and Cavy Quiz Bowls. As well as first place in Waterfowl, Poultry, Pigeon and Cavy Showmanship, and Junior Round Robin.

Dillon Fielitz of the Cottonwood Clovers won the Poultry Quiz Bowl.

Sarah Walker of Hassayampa 4-H, along with Katie Radosevic and another member from a Parker 4-H group won the Quiz Bowl Round Robin.

**Pre-EXPO Dog Show and
Judging Event
April 2, 2005
10:00 a.m.
Farbenholt Dog Kennels
Dewey, Arizona**

The Dog Gone Dewey Wranglers are inviting all 4-H members enrolled in the dog project to come and participate in Obedience and Showmanship Classes. There will be a regulation AKC Ring for Obedience and a large rope ring for showmanship. Awards will be given for High Point in both Obedience and Showmanship as well as 1st-4th place for each class in each discipline.

In addition there will be judging classes for any 4-H member interested in participating in a countywide judging event.

There is no cost for either event. Please contact Jeri Holton for directions and further information at 928-632-7557.



Impatient?



*Impatience.
Hostility*

Possessing either one of these personality traits nearly doubles a your person's risk of developing high blood pressure later in life, say researchers.

High blood pressure puts extra stress on blood vessel walls and the heart. This raises the risk of heart attack, heart failure, and stroke.

Source: Journal of the American Medical Association, Vol. 290, Pg. 2138

2005 University of Arizona Livestock Judging Exposition

Livestock Judging Clinic
April 29th (7:00-9:00 p.m.)
April 30th (8:00 a.m.-8:00 p.m.)

Livestock Judging Contest
May 1st (8:00 a.m.-1:00 p.m.)

Campus AG Center
on the Campbell Avenue Farm,
Tucson, AZ

Entry Deadline April 1, 2005

In an effort to expand livestock judging opportunities on the UofA campus, the Animal Sciences Department, in cooperation with the state 4-H office, and the UofA Livestock Judging Team is announcing the dates of the 2nd Annual UofA livestock Exposition.

The clinic will offer opportunities for training in livestock judging (beef, sheep and swine) and coaching a livestock judging team. The first evening will consist of a coach's clinic and novice and advance sections discussing note taking and oral reasons format. Saturday will consist of three sections including novice and advance livestock evaluation and oral reasons and a coach's livestock evaluation section. The contest will give students the chance to participate for individual awards and more importantly provide them an opportunity to immediately apply knowledge gathered from the clinic to a contest situation.

Pre-registration is mandatory! The pre-registration price for all three days is \$35, this will include a T-shirt, stenographer's notebook, livestock judging handbook, lunch & dinner on Saturday, lunch on Sunday, refreshments during breaks and livestock judging contest awards. Anyone registering after April 1 will be charged a \$10/person late fee.

Entry forms are available from either Yavapai County Cooperative Extension Office.

For more information contact:

Clay Bailey
Livestock Judging Coach
The University of Arizona
Department of Animal Sciences
cbailey@ag.arizona.edu
Phone: (520)621-5810
Fax: (520)621-9435

Wanted *Contestants for the AZ* *Beef Ambassador Contest*

A contest encouraging spokespersons and creating opportunity for promotion of the beef industry.

July 17-20, 2005
AZ Cattle Growers Association
And AZ State Cowbelles Convention

Application Deadline June 1, 2005

Contest Requirements:

1. Age: 16-19
2. Presentation or 5-8 minute speech
3. Speech may be about any facet of the Beef industry
4. Speech must be submitted in advance for screening. Only finalist will be invited to the contest.

Jr. Beef Ambassador Requirements

- * Age: 9-15
- * Other requirements are the same as Beef Ambassador Contest

For an AZ entry packet contact:

Sissy Fischler
1788 Cospers Loop
Duncan, AZ 85534
fischler@vtc.net

For more information:

Check out the American National Cattle Women's website: www.ancw.org or www.nationalbeefambassador.org

2005 ARIZONA 4-H YOUTH FOUNDATION EDUCATIONAL GRANTS

This year the 4-H Foundation is committed to awarding at least 21 educational grants. Last year 23 of the 60 4-H'ers who applied for scholarships received an educational grant. The Foundation hopes to award more this year based on the success of a special scholarship fundraising campaign, the performance of the endowed scholarship funds and the quality of the applicants. (Just an FYI -- the merit scholarships tend to be the most competitive, and the grants which are restricted to agricultural and family & consumer science related majors tend to have the fewest qualified applicants applying for them.)

Eligibility and information sheets, as well as applications can be picked up at either Yavapai County Cooperative Extension office or be downloaded at:

www.cals.arizona.edu/4-H/teen.htm

The **deadline** for turning in applications to the **county offices** is **Monday, March 21, 2005**.

Journey of Opportunities For Leaders of Tomorrow (JOLT)

June 13-17, 2005

Camp Shadow Pines, Heber Arizona

JOLT is an Arizona Teen Leadership Camp, a camp designed by teens for teens. At JOLT there is a positive environment that promotes personal development, team building and self-confidence. JOLT participants enjoy activities that build trust, leadership and communication skills. The dynamic staff and inspirational workshop speakers that JOLters experience help make the week memorable. Conflict resolution skills and relationship building skills create the existence of the "JOLT Team" which instigates life-long friendships that are uncommon at other camps.

For further information visit www.cals.arizona.edu/4-h/teen.htm

Citizenship

Washington Focus

Better Citizens Today, Better Leaders Tomorrow

Announcing the 2005 Citizenship Washington Focus for Arizona 4-H youth ages 15-19. Our group will travel to Washington D.C. from

June 4-11, 2005 and stay in the National 4-H Center in Chevy Chase, Maryland. "Participants in Citizenship Washington Focus will have unique, exciting experiences that will lead to becoming 'Better Citizens Today. Better Leaders Tomorrow.'" You will

have the opportunity to meet youth from around the nation, plan a trip to Capitol Hill, visit the Washington National Cathedral, Arlington National Cemetery, Mount Vernon, the Smithsonian Institution and the Vietnam Veterans & Korean War Memorial.

You may even get a chance to visit with one of Arizona's U.S. Senators or Representatives. So apply today to become a part of this exciting opportunity.

The approximate cost of this trip ranges from \$1200-\$1400. The 4-H Youth Foundation will provide a \$400 scholarship per county to the first six counties who register. A \$100 personal commitment deposit is due with your registration form. The remainder of the program cost will be due around mid May. Fund-raising is very important! The cost include travel to and from Washington D.C., travel around the area for the whole week, lodging, most meals and spending money for souvenirs and attractions not included in the program.

Applications can be found @ www.cals.arizona.edu/4-h/teen.htm or picked up at either Yavapai County Extension Office.

Deadline with \$100 deposit is due March 1 to either Yavapai county office

NFR Rider Has Head For Safety



Delores Toole made quite an impression this past December as she barrel raced into second place during the opening round of the Wrangler National Finals Rodeo wearing a Troxel helmet instead of the traditional cowboy hat. Toole cites her three daughters, who also enjoy riding as the motivation for turning in her hat for a helmet. "Children learn by watching others, so hopefully I am setting an example for them and other junior and beginner riders of all ages. Hopefully it will become an acceptable piece of equipment for our sport," Toole explains. Although Toole says most of the other competitors were supportive, she doesn't think they'll be following her example any time soon. "Vanity before safety you know. Times may change eventually if the kids are brought up using them."

Troxel is sponsoring Toole as part of its campaign to promote helmet use among western riders. Top riders wearing helmets is an important part of educating the public because studies, such as one published in *The Journal of Family Practice* in 1994, show that risk of injury correlates to the amount of time spent riding and working with horses, not with the rider's level of experience.

Source *Horse Illustrated* p. 25 March 2005



Western Warehouse Offers 15% Discount to all active 4-H/FFA Members

Western Warehouse in Prescott Valley is offering a 15% discount on the total purchase of items when you let them know that you are currently an active member of Yavapai County 4-H or any Yavapai County FFA Chapter. This offer is good throughout the year.



National 4-H Photography Contest

National 4-H Council needs winning photos from your state and county fairs (2000 – 2004) to create the 2007 4-H Calendar. Thirteen photographs will be selected. These original photographs will be gallery mounted and framed and a brass plate engraved with the photographer's name will be attached. The winning photos will be on display at the National 4-H Conference Center from September 2005 through November 2005 and also posted on our web site, www.4-hmall.org.

We will return all submissions, if not selected, by late August 2005. Winning photographs will be returned no sooner than December 10, 2005. After final selection we will notify the winners and ask them for a signed release to use the photo in the 2007 4-H Calendar. Both the photographer and parent/guardian must sign the release. We will also request a second photo to display at the National 4-H Conference Center.

VERY IMPORTANT - Submissions will only be considered if they meet these criteria:

1. Full **NAME** and **AGE** of person submitting photograph:
 2. Affiliation with 4-H:
 3. Complete return address (for UPS delivery and USPS 1st Class mail):
 4. Telephone number:
 5. List of awards that submitted photographs have received (county, state, 4-H or other). If it has not received some prior award or recognition, it will not be considered:
 6. The photographer's thoughts about the photograph, in 25 words or less (include title of photograph):
 7. Photo submissions should be 8" x 10", in color, and in a horizontal format. Vertical shots will be accepted only if they can be cropped to fit the horizontal format of the calendar. Black and white photos will not be considered for this full color calendar.
 9. Please do not submit photos printed on a home printer, color photo copies, or low resolution digital prints. Have the print developed at a photo processing store.
 9. E-mail Address (if applicable).
- Please submit photos to: 2007 4-H Calendar
National 4-H Supply Service
7100 Connecticut Avenue
Chevy Chase, MD 20815



The deadline for submissions is March 1, 2005.

**SAILA Spring
Livestock Show
March 25-27, 2005
Tucson, AZ**

Tentative Schedule

Friday, March 25, 2005

5:00 p.m. Weigh and check in of all
7:00 p.m. Jr Livestock

Saturday, March 26, 2005

8:00 a.m. Jr Gilt Show
9:00 a.m. Jr Steer Show
Jr Mkt Swine Show
12 Noon **Livestock Judging Contest**
1:30 p.m. No Bull Futurity
2:30 p.m. Jr. Heifer Show
Jr. Sheep Show
7-10 p.m. Jr. Dance

Sunday, March 27, 2005

8:00 a.m. Jr. Swine Showmanship
9:00 a.m. Jr. Beef Showmanship
Jr. Meat Goat Showmanship
1:00 p.m. Round Robin Showmanship
2:00 p.m. Lunch & Year End Awards
Presentation

**All entries must be postmarked by
March 10, 2005.**

Information and entry forms are available in either Yavapai County Cooperative Extension Office. Or for further information you may contact the SAILA office at :
(520)792-1060

**Farm Safety Day Camp
Saturday, May 14, 2005
9:00 a.m. to 2:30 p.m.
Young's Farm
Dewey, Arizona**

The Yavapai County Cowbelles will be sponsoring a Farm Safety Day Camp for all youth, ages 8 to 14 and their parents in Yavapai County. Topics will include:

**Firearm Safety,
ATV Safety,
Fire Safety,
Electrical Safety,
Stranger Danger,
Disability Awareness**

With other topics to be announced.

Participants will be asked to make a donation of \$3, to cover the cost of lunch. Keep watch for additional information.

WANTED

Articles for the Clover Communicator. Club Reporters let the rest of the county know what your club and members are up to.

Deadline for submitting articles is the 25th of each month.

Articles can be submitted by mail, fax or by email to pdenney@ag.arizona.edu

The Quality Equation

**Quality People
(Ethics Education)
+Quality Projects
(Quality Assurance)
+Quality Programs
(Experiences)
=Exceptional
Youth Development**

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1915, in cooperation with the U.S. Department of Agriculture, James A. Christenson, Director of Cooperative Extension, College of Agriculture and Life Sciences, The University of Arizona.

The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.



Arizona Youth Livestock Quality Assurance and Food Safety Good Production Practices #5-8



Good Production Practice #5 Provide Adequate and Safe Feed according to their nutrient requirements

- * Read and follow feed label instructions.
- * Use quality ingredients
- * Provide balance rations
- * Follow current Good Manufacturing Practices for feed manufacturing

Factoids

In Arizona approximately 650 youth enroll in the market beef project, producing about 487,500 pounds of beef each year.

Approximately 2,000 enroll in the swine project, producing about 550,000 pounds of pork.

Good Production Practice #6 Maintain Biosecurity

- * Reduce external vector transmission
 - * Reduce rodent infestation
 - * Reduce bird infestation
 - * Reduce human and vehicle traffic
- * Reduce internal vector transmission
 - * Keep animals of different ages separated
 - * Quarantine new animals
 - * Control spread by people
- * Improve sanitation

Good Production Practice #7 Follow Proper Food Safety Practices

- * Provide animals that are safe, wholesome and high quality.
- * As a consumer take steps to prevent food-borne illness.
 - * Clean: wash hands and food contact services
 - * Separate: Don't cross contaminate
 - * Cook: Cook to proper temperatures
 - * Chill: refrigerate promptly
 - * If in doubt-throw it out.

Factoid

Approximately 800 market lamb members produce about 56,000 pounds of lamb each year.

Good Production Practice #8 Exhibit Strong Character Traits (Ethics)

- * Provide proper care for animals
- * Exhibit respect and trustworthiness by following the GPP's for safe food production
- * Be responsible and fair by knowing and following 4-H/FFA and show rules
- * Exhibit and promote good sportsmanship in all activities and competition